

LIGHTER LUNCH

SOUP OF THE DAY

£7.50

please ask your server for todays soup served with warm sourdough

gluten,

please ask your server for allergen information

GRILLED MACKEREL ON TOAST £11.00 mackerel fillet on toasted sourdough, served with rocket & homemade aioli

gluten, fish

GAMBAS KING PRAWNS

£10.00

king prawns sautéed in garlic & chilli, served with a sourdough roll

gluten, crustaceans

WILD MUSHROOMS ON TOAST £10.50 served on toasted sourdough with a poached egg & homemade beurre blanc sauce

gluten, eggs, dairy

ONLY AVAILABLE UNTIL 5:00PM

FALAFELS

£9.00

chickpea & sweet potato falafels served with pickled red onion, roasted squash, toasted cashew nuts & rocket

nuts, sulphites

MIXED LEAF SALAD

£10.00

mixed leaf salad, tomato, cucumber, pickled red onion & mixed peppers, served with a wholegrain mustard & agave dressing

sulphites, mustard

ADD TO YOUR SALAD... £3.00

Cornish brie
Davidstow cheddar
halloumi
Cornish ham
falafels
grilled mackerel (warn)

25 00

PLOUGHMANS

ONLY AVAILABLE UNTIL 5:00PM

CORNISH HAM & CHEDDAR £14.00 served with a mixed leaf salad, coleslaw, gherkins, pickled onions, caramelised red onion chutney & a sourdough roll

gluten, dairy, sulphites, mustard

CORNISH CHEDDAR & FALAFELS £14.00 served with a mixed leaf salad, coleslaw, gherkins, pickled onions, caramelised red onion chutney & a sourdough roll

gluten, dairy, sulphites, mustard

TOASTIES

ONLY AVAILABLE UNTIL 5:00PM

BACON & BRIE

£10.50

streaky bacon, Cornish brie & cranberry sauce or caramelised onion chutney toastie, served with coleslaw & a mixed leaf side salad

gluten, dairy, sulphites, mustard

VEGGIE TOASTIE

£9.50

roasted peppers & vegan pesto toastie, served with coleslaw & a mixed leaf side salad

gluten

CROQUE MONSIEUR

£12.50

Davidstow cheddar & Cornish ham toastie, topped with béchamel sauce & served with coleslaw & a mixed leaf side salad

gluten, dairy, mustard

MUSHROOM CROQUE

£12.50

Davidstow cheddar & wild mushroom toastie, topped with béchamel sauce & served with coleslaw & a mixed leaf side salad

gluten, dairy, mustard

add fried egg

£1.00

gluten free bread roll is also available



MAINS

FISH & CHIPS

£16.00

haddock in a poppy seed batter served with fries, peas & homemade tartare sauce

sulphites, fish

VEGAN FISH & CHIPS

£16.00

banana blossom in a seaweed batter served with fries, peas & homemade tartare sauce

sulphites

CATCH OF THE DAY market price please ask your server for todays fish & dish description

fish

please ask your server for allergen information

BELLY PORK

£18.00

Cornish belly pork with caramelised apple, roasted seasonal veg, creamy garlic mash & gravy

dairy, sulphites

GAMMON, EGG & CHIPS

£14.00

Cornish gammon, eggs & fries, served with a mustard sauce

eggs, sulphites, mustard

VEGGIE SAUSAGES

£16.00

veggie sausages with chips or mash, served with peas & gravy

dairy, sulphites

RISOTTO

£15.00

please see specials menu for todays risotto
please ask your server for allergen information

TACOS

2 soft shell tacos served with romaine lettuce, pickled red onion & pickled red cabbage

PULLED PORK

£14.00

with homemade pineapple salsa

gluten, sulphites

MACKEREL

£14.00

flaked roasted mackerel marinated in chipotle gluten, fish, sulphites

SMOKY CORN

£13.00

smoky sweetcorn, served with feta

gluten, dairy, sulphites

BURGERS

PLAIN BURGER

£14.00

Hoof to Block butchers beef burger served in an Electric Bakery brioche bun, with fries & coleslaw

gluten, sulphites

OT BURGER

£18.00

Hoof to Block butchers beef burger, Cornish smoked cheddar, streaky bacon, gem lettuce, sliced tomato, gherkins & homemade chorizo & chilli jam, served in an Electric Bakery brioche bun, with fries & onion rings

gluten, sulphites, dairy

BUTTERFLIED CHICKEN BURGER £14.00 seasoned chicken breast served in an Electric bakery brioche bun, with fries & coleslaw

gluten, sulphites

OT CHICKEN BURGER

£18.00

seasoned chicken breast, Cornish smoked cheddar, streaky bacon, gem lettuce, sliced tomato, gherkins & homemade chorizo & chilli jam, served in an Electric Bakery brioche bun, with fries & onion rings

gluten, sulphites, dairy

MUSHROOM & HALLOUMI £16.00 garlic butter mushroom with halloumi & roasted peppers, served in an Electric Bakery brioche

bun, with fries & coleslaw

gluten, sulphites, dairy

UPGRADE YOUR FRIES

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 ~ 2.00

gluten free bun is also available



PASTA

SEAFOOD LINGUINE

£17.00

king prawns, mussels, clams & sun blushed tomatoes, cooked in a homemade bisque

gluten, crustaceans, molluscs, sulphites, dairy

SUPER-GREEN LINGUINE

£14.50

linguine pasta served with homemade cashew nut pesto, roasted squash & sun blushed tomatoes

gluten, nuts

add feta cheese

£1.50

MAC & CHEESE

£13.00

macaroni pasta in a homemade cheese sauce, topped with Panko breadcrumbs & parmesan gluten, dairy

add Cornish ham

£1.50

add chorizo

£1.50

HIBBLES

FOCACCIA & OILS

MARRINATED OLIVES

a mixture of green & black olives

FRIES

CAJUN FRIES

CHEESY CAJUN FRIES PARMESAN & TRUFFLE FRIES

CHEESY GARLIC BREAD

homemade garlic butter on sourdough, with

SHARING CAMEMBERT

£15.00

CHILDREN

FISH & CHIPS

£9.00

haddock in a poppy seed batter served with fries, peas & homemade tartare sauce

sulphites, fish

VEGAN FISH & CHIPS

9.00

banana blossom in a seaweed batter served with fries, peas & homemade tartare sauce

sulphites

GAMMON, EGG & CHIPS

9.00

Cornish gammon ham, eggs & fries, served with a mustard sauce

eggs, sulphites, mustard

MAC & CHEESE

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macaroni pasta in a homemade cheese sauce, topped with Panko breadcrumbs & parmesan

gluten, dairy

RISOTTO

£10.00

please see specials menu for todays risotto

please ask your server for allergen information



DESSERTS

FRUITS OF THE FOREST CRUMBLE £7.50 homemade fruits of the forest crumble, served with clotted cream vanilla ice cream

dairy

*may contain gluten in the ice cream, please check

TONKA BEAN CREME BRULEE £7.50 tonka bean crème brulee, served with a homemade triple chocolate cookie

dairy, gluten, eggs

OT PAVLOVA

£7.50

homemade meringue served with a passion fruit cream, fresh strawberries & a blood orange sorbet

dairy, eggs

OT CHOCOLATE BROWNIE

£7.50

homemade triple chocolate brownie, served warm with chocolate sauce & clotted cream vanilla ice cream

dairy, gluten

*may contain gluten in the ice cream, please check

GLAZED LEMON TART

£7.5

homemade mouth watering lemon curd in a buttery shortcrust pastry, served with Cornish clotted cream

dairy

VEGAN CHOCOLATE FUDGE CAKE £7.50 chocolate fudge cake served with vegan vanilla ice cream

gluten

AFFOGATO

£7.50

double espresso, vanilla ice cream, mini shortbread biscuits & a choice of...

gluten, dairy

*may contain gluten in the ice cream, please check

amaretto 25ml. baileys 50ml. tia maria 25ml.

ICE CREAM & SORBET

1 scoop	£2.00
2 scoop	£4.00
3 scoop	£6.00

vanilla
chocolate
strawberry
vegan vanilla
lemon sorbet
aspberry sorbet

*please note some of our ice creams/sorbets contain gluten

DESSERT COFFEE

FLOATER COFFEE £7.65

LATTE £8.25

AMERICANO £7.00

HOT CHOCOLATE £7.75

TO GO IN YOUR DESSERT COFFEE...

brandy amaretto Baileys +£0.50 spiced rum skipper dark rum Tia Maria

CAKES & TRAYBAKES

we also have a wide range of cakes & traybakes in our cake cabinet - please have a look