

#### LIGHTER LUNCH

GRILLED MACKEREL ON TOAST £12.50 mackerel fillet on toasted Electric Bakery sourdough, served with rocket & homemade aioli

GAMBAS KING PRAWNS £13.50 king prawns sautéed in garlic & chilli, served with a sourdough roll

WILD MUSHROOMS ON TOAST £12.00 served on toasted Electric Bakery sourdough with a poached egg & homemade chive butter sauce V

## SANDWICHES / TOASTIES

all served on malted or white bloomer with a salad garnish and coleslaw

CHEESE & RED ONION CHUTNEY V £11.50

HAM & PICCALILLI £11.50

PRAWNS £14.00

prawns in marie rose sauce and baby gem lettuce

BLT/HLT £13.00

cornish farmhouse back bacon OR grilled halloumi - with tomato and baby gem lettuce

BACON & BRIE TOASTIE

streaky bacon, Cornish brie & Cranberry Sauce or

caramelised onion chutney toastie

CROQUE MONSIEUR £14.50

Davidstow cheddar & Cornish Ham toastie, topped with

bechamel sauce

MUSHROOM CROQUE £14.50

Davidstow cheddar & wild mushroom toastie, topped with bechamel sauce

FALAFELS £12.00 chickpea & sweet potato falafels served with pickled red onion, toasted hazelnuts, roasted red pepper, hummus and rocket V/Ve

**BUDDHA BOWL** 

£14.50

quinoa, red cabbage, shaved carrots, toasted seeds, edamane beans, roasted sweet potato, hummus and tahini dip V / Ve

ADD CAJUN CHICKEN	£4.50
ADD HALLOUMI / FALAFELS	£4.50
ADD GRILLED MACKEREL	£5.50
ADD SMOKED SALMON	£6.00

# PLOUGHMANS

PLOUGHMANS

£16.50

YOUR CHOICE OF 2 OF THE BELOW

served with a mixed leaf salad, coleslaw, gherkins, pickled onions, caramelised red onion chutney & a sourdough roll

DAVIDSTOW CHEDDAR

CORNISH BRIE

CORNISH BLUE

CORNISH FARMHOUSE HAM

gluten free bread roll is also available

# NIBBLES AND SIDES

£13.50

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FRIES	£5.50	SOURDOUGH & OILS	£5.50
CAJUN FRIES	£6.00	warm sourdough bread served warm with balsamic vinegar and cold pressed rapeseed oil	
CHEESY FRIES	£7.00	Add Hummus for £2.50	
CHEESY CAJUN FRIES	£7.50	MARINATED OLIVES	£4.50
PARMESAN & TRUFFLE FRIES	£7.5O	a mixture of green & black olives	V
GARLIC BREAD	£5.50	SIDE SALAD	£5.50
CHEESY GARLIC BREAD	£6.50	mixed leaves, cucumber, onion, pepp with grain mustard dressing	ers & tomato V / Ve



#### **MAINS**

FISH & CHIPS

£16.50

white fish in a light batter served with fries, peas & homemade tartare sauce NG

**VEGAN FISH & CHIPS** 

£16.50

banana blossom in a homemade seaweed batter served with fries, peas & homemade tartare sauce NG / Ve

HAM, EGG & CHIPS

£15.50

thick cut Cornish Farmhouse ham, served with fried egg, fries and piccalilli NG

SAUSAGE & MASH

£15.50

butchers sausages with creamy mash, served with peas and gravy

NG

**VEGGIE SAUSAGES** 

£15.50

veggie sausages with creamy mash, served with peas & gravy NG/V

A.W.

add cornish han

**RED LINGUINE** 

MAC & CHEESE

£2.00 £2.00

£15.00

£18.50

£15.50

d chorizo

#### **BURGERS**

BEEF BURGER

£16.00

beef burger in an Electric Bakery challah bun, with baby gem lettuce, gherkin, relish and tomato, served with fries & coleslaw

BUTTERFLIED CHICKEN BURGER

£16.00

seasoned chicken breast in an Electric Bakery challah bun with baby gem lettuce, gherkin, relish and tomato, served with fries & coleslaw MUSHROOM & HALLOUMI

CREAMY PRAWN LINGUINE

tomato & hazelnut vegan pesto

shallot, garlic, white wine and chilli sauce

linguine pasta served with king prawns in a creamy

linguine pasta served with tomato, red peppers,

red onion, artichoke hearts in a sun blushed

macaroni pasta in a homemade cheese sauce.

topped with breadcrumbs, chives & parmesan

£15.50

garlic butter mushroom with halloumi, roasted peppers and relish, served in an Electric Bakery challah bun, with fries & coleslaw

gluten free bun is also available

#### **BURGER TOPPINGS ONLY**

add bacon (2 slices) - £2.50

add cheese - £1.50

add onion rings - £2.50

### **TACOS**

**KIDS & OAPS ONLY** 

2 soft shell tacos served with shredded lettuce, pickled red onion, pickled red cabbage and tomato

SPICED CAJUN CHICKEN

£14.50

with guacamole

£14.5U

MACKEREL £14.50 tempura battered mackerel with chipotle mayo

MAC & CHEESE SAUSAGE & MASH

HAM, EGG & CHIPS

FISH & CHIPS

£11.00 £12.00

£12.00

£12.00

BBQ PULLED JACKFRUIT with smoked cheddar

£13.50

all our fryers and batter are gluten free

WHILE WE STRIVE TO MAINTAIN A CLEAN AND SAFE ENVIRONMENT - PLEASE BE AWARE THAT WE DO NOT OPERATE IN AN ALLERGEN FREE FACILITY. CROSS CONTAMINATION WITH ALLERGENS IS POSSIBLE. IF YOU HAVE SEVER ALLERGIES, WE RECOMEND TAKING NECESSARY PRECAUTIONS please ask your server for allergen information

V = Suitable for Vegetarians - Ve = Suitable for Vegans - NG = Non Gluten